Active Study Checklist

RECITE

☐ I describe or explain the topic out loud, in my own words.
☐ I record into a tape recorder.
☐ I teach or explain the information to someone else.
☐ I role play a part.
☐ I simulate the lesson.
☐ I recite the answers to questions on the topic that I made up myself.

WRITE

☐ I make a chapter study review by writing key points on index cards.
☐ I make and use flashcards for short answer questions or concepts.
☐ I make lists of related information by categories.
☐ I draw a diagram, map, sketch, timeline, or chart from memory, and then I check the book for accuracy.
☐ I write questions I think will be on the test and recite the answers.
☐ I create semantic maps (visual representation of ideas) to summarize the unit (webs, sequence chains, Venn diagrams).
☐ I use mnemonics to remember information.
☐ I rewrite class notes, rearranging the information in my own words.

VISUALIZE

☐ I close my eyes and picture in my mind what I am trying to remember (chart, map, event, scene, experiment, character).
☐ I try to remember where information is located on a page.
☐ I picture in my mind how the test will look, based on previous similar tests.
☐ I organize and design graphic organizers to put abstract information into concrete and visual form.
☐ I represent concepts with symbols so I can remember them.